# TOOLS

#### PUPPY HOUSE TRAINING EXAMPLE SCHEDULE

ime	
6:00 am	Take puppy outside and praise for toiling in the desired area
6:15 am	Feed puppy breakfast
6:45 am	Take puppy outside and praise for toiling in the desired area
7:00 am	Puppy spends time with you on a lead or at your feet while you have breakfast or get ready for your day
8:00 am	Toilet break for puppy. If you are going to work, place puppy in puppy pen or secure yard area when you leave
8:15 am	Puppy play time
8:30 am	Quiet time alone for puppy in puppy pen/secure area or crate time if crate training
9:30 am	Toilet break for puppy then play pen time or training time
12:00 pm	Lunch time feed, fresh water (younger puppies may need an extra toilet break before this)
12:30 pm	Toilet break for puppy
1:00 pm	Quiet time alone for puppy in puppy pen/secure area or crate time if crate training
3:00 pm	Toilet break for puppy
3:15 pm	Training session, play time, quality time
5:30 pm	Feed time, fresh water
6:00 pm	Toilet break for puppy
10:00 - 11:00 pm	Last toilet break before bed time for puppy
Younger Puppies	One or two toilet opportunities may be required through the night



# PUPPY TOILET TRAINING DIARY

DATE \_\_\_\_/\_\_/

Time	Рее	Роо	Food	Water	Training	Play	Accident	Was Puppy Supervised?

This checklist is a guide to help you with ideas to make sure that your puppy experiences enough socialization to sounds, environments, animals and people. You should aim to tick as many boxes as possible and at least four times for each item.

Concentrate on creating a positive or neutral experience, avoiding bad experiences and not allowing your puppy to be over stimulated, i.e. very rough play with another puppy or over-excitement on greeting a new person.

# Note: You can use the Sound Proof Puppy Training App on your smart phone at home to expose your puppy to more sounds.

People (Men & Women)	1	2	3	4
Adults (men & women)				
Young adults				
Elderly people				
Disabled people				
Loud, confident people				
Shy, timid people				
People in uniforms				
People wearing hats				
People with beards				
People with crash helmets				
People behaving affectionately				
People wearing sunglasses				
Postman/delivery people				
People having an argument				
Joggers				
Visitors arriving and leaving				
People of various race				
People Dancing				
Wheelchairs				

People (Men & Women)	1	2	3	4	
Walking sticks					
Around the Home	1	2	3	4	
Washing machine / dryer					
Vacuum Cleaner					
Telephone					
Stairs					
Doorbell					
Dropped pots, pans, bowls					
Lawn mower					

Animals	1	2	3	4
Friendly large adult dogs				
Friendly small adult dogs				
Small pets				
Cats				
Puppies				
Livestock & horses				
Chickens/ducks/geese				

Children (boys & girls)	1	2	3	4
Babies				
Toddlers				
4-7 year olds				
8-12 year olds				
Teenagers				
Children playing outside				

Physical Handling	1	2	3	4
Head				
Ears				
Mouth				
Tail				
Paws & Legs				
Grooming				
Gentle restraint				
By family & friends				
By strangers				

Learning to Be Alone	1	2	3	4
Isolation for 5 minutes				
Isolation for 10 minutes				
Isolation for 15 minutes				
Isolation for 20 minutes				
Isolation for 30 minutes				
Isolation for 45 minutes				
Isolation for 1 hour +				

Preparation for Vet/Groomer	1	2	3	4	
Being lifted onto table					
Gentle restraint on table					
Veterinary examination					
Vet surgery smells					
Hair dryer					
Bath tub					

Experiences	1	2	3	4
Playing (toys & people)				
Walking on grass				
Walking on gravel/stones				
Travel in the car (short & longer gradually)				

Sounds	1	2	3	4
Crying Baby				
Airplane				
Loud bangs				
Clapping				
Shouting				
Busy street				
Thunder				

Objects to Play With	1	2	3	4
Cardboard Box				
Bucket				
Empty plastic bottle				
Treat Ball				

NeighborsImage: state of the sta		_	2	2		
beedestrians         Image	Outside the Home (IMPORTANT)	1	2	3	4	
ihops in optimized   Conded shopping area in optimized   Passing traffic in optimized   Passing bicycle in optimized   Passing bicycle in optimized   Passing traffic in optimized   Passing track in optimized						
Crowded shopping area       Image: Comparison of the state of the sta	Pedestrians					
KennelsImage: static stati	Shops					
Passing traffic       Image: Passing traffic         Passing bix       Image: Passing train         Passing train       Image: Passing train         Passing train       Image: Passing train         Passing track       Image: Passing track         <	Crowded shopping area					
Passing busImage: state of the s	Kennels					
Passing bicycle Passing train Passing motorbike Passing motorbike Passing motorbike Passing motorbike Passing motorbike Passing truck Passing truck Passing truck Parks / Streets Parks / Stre	Passing traffic					
Pasing train Pasing train Pasing motorbike Pasing truck Pasing truck Parks / Streets Fireworks Fireworks Fireworks Fireworks Children's play area Children's	Passing bus					
Passing motorbike	Passing bicycle					
Passing truckImage: state sta	Passing train					
Parks / Streets Parks / Streets Preworks Fireworks Fireworks The beach Lakes / rivers A bridge A bridg	Passing motorbike					
FireworksImage: state of the beachImage: state of the beachImage: state of the beachLakes / riversImage: state of the beachImage: state of the beachImage: state of the beachA bridgeImage: state of the beachImage: state of the beachImage: state of the beachA bridgeImage: state of the beachImage: state of the beachImage: state of the beachA bridgeImage: state of the beachImage: state of the beachImage: state of the beachA bridgeImage: state of the beachImage: state of the beachImage: state of the beachA bridgeImage: state of the beachImage: state of the beachImage: state of the beachDutside a schoolImage: state of the beachImage: state of the beachImage: state of the beachCountry walkImage: state of the beachImage: state of the beachImage: state of the beachImage: state of the beachDutside a schoolImage: state of the beachImage: state of the beachImage: state of the beachImage: state of the beachCountry walkImage: state of the beachImage: state of the beachImage: state of the beachImage: state of the beachDutside a schoolImage: state of the beachImage: state of the beachImage: state of the beachImage: state of the beachCountry walkImage: state of the beachImage: state of the beachImage: state of the beachImage: state of the beachImage: state of the beachPartyImage: state of the beachImage: state of the beachImage: state of the beachIma	Passing truck					
Image: A privers       Image: A privers         A bridge       Image: A privers         A bridge       Image: A privers         Dutside a school       Image: A privers         Children's play area       Image: A privers         Country walk       Image: A privers         Dutside a school       Image: A privers         Country walk       Image: A privers         Dutside a school       Image: A privers         Country walk       Image: A privers         Dutside a school       Image: A privers         Country walk       Image: A privers         Dutside a school       Image: A privers         Country walk       Image: A privers         Dutside a school       Image: A privers         Country walk       Image: A privers         Party       Image: A privers         Ver's office       Image: A privers         Groomers       Image: A privers         Groomers       Image: A privers         Markets       Image: A privers         Image: A privers	Parks / Streets					
Lakes / rivers Lakes	Fireworks					
A bridge   A bridge   Dutside a school   Children's play area   Country walk   Outdoor cafe   Slippery floors   Party   Vet's office   Groomers   Groomers   Coundant markets	The beach					
Outside a schoolImage: schoolImage: schoolChildren's play areaImage: schoolImage: schoolCountry walkImage: schoolImage: schoolOutdoor cafeImage: schoolImage: schoolSlippery floorsImage: schoolImage: schoolPartyImage: schoolImage: schoolVet's officeImage: schoolImage: schoolGroomersImage: schoolImage: schoolCrowds and marketsImage: schoolImage: school	Lakes / rivers					
Outside a schoolImage: schoolImage: schoolChildren's play areaImage: schoolImage: schoolCountry walkImage: schoolImage: schoolOutdoor cafeImage: schoolImage: schoolSlippery floorsImage: schoolImage: schoolPartyImage: schoolImage: schoolVet's officeImage: schoolImage: schoolGroomersImage: schoolImage: schoolCrowds and marketsImage: schoolImage: school	A bridge					
Children's play area Image: splay area   Country walk Image: splay area   Outdoor cafe Image: splay area   Slippery floors Image: splay area   Party Image: splay area   Vet's office Image: splay area   Groomers Image: splay area   Cowds and markets Image: splay area						
Country walk   Outdoor cafe   Slippery floors   Party   Vet's office   Groomers   Crowds and markets						
Outdoor cafe Image: Constant of the second se						
Slippery floors   Party   Vet's office   Groomers   Crowds and markets	Country walk					
Party Markets and markets A second and market se	Outdoor cafe					
Vet's office Crowds and markets	Slippery floors					
Groomers Crowds and markets	Party					
Crowds and markets	Vet's office					
	Groomers					
Scooters/skateboards	Crowds and markets					
	Scooters/skateboards					